



Canadian Alliance
For Grieving Children
And Youth

Children grieve differently to adults, often jumping in and out of their grief like puddles. Therefore, it is important to provide children **with information on grief as well as normalize their responses and encourage them to share their thoughts and feelings.**

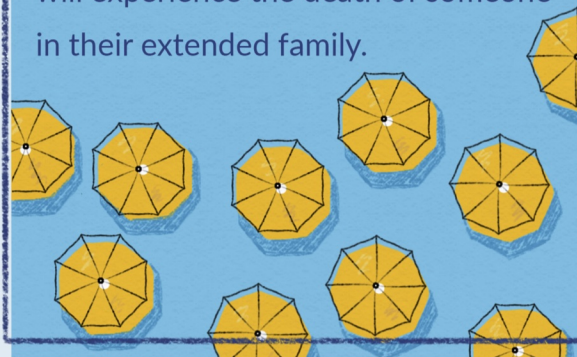
The **death** of a parent or sibling has been found to be **one of the most stressful life events a child or youth can experience.**



1 in 14 children will experience the death of a parent or sibling by the time they turn 18 years old.



Every year **203,000** children under 18 years will experience the death of someone in their extended family.



Access to grief supports can help children and their families feel better prepared and less isolated in their grief. Go to **www.grievingchildrencanada.org** for more information.



Every year **1 child** in every other classroom is bereaved.

